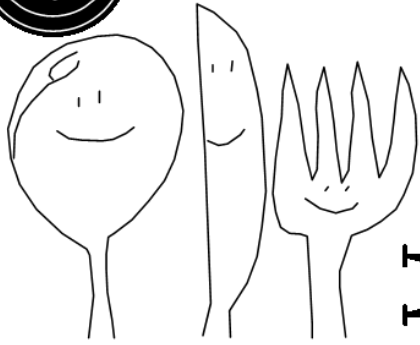




Lunch



Menu

Monday

Goujons of Plaice
Tomato & Thyme Puff (VEG)
French Fried Potatoes
Garden Peas
Bakewell Tart and
Custard Sauce

Tuesday

Chilli con Carne
Bean & Potato Pie (VEG)
Mexican White Rice
Taco Salad
Green Beans
Chocolate Concrete and
Chocolate Sauce

Wednesday

Pork with Noodles
Watercress & Oatmeal Croquettes (VEG)
Baton Carrots
Green Beans
Butterscotch Tart

Thursday

Roast Beef St David with Welsh
Batter Pudding
Glamorgan Sausages with
Tomato Sauce (VEG)
Tatws Rhost
Punchnep
Broccoli Florets
Cardiff Pudding

Friday

SOUP OF
THE DAY



Carrot &
Parsley

Deli
Sandwich
Bar

Available each day: **SALAD BAR**



CHEESE AND BISCUITS



SELECTION OF YOGHURTS



fresh fruit

FRESHLY BAKED
BREAD ROLLS

